



JOIN US!

PENTAGON ATHLETIC CENTER CRYSTAL CITY ANNEX

WHO CAN JOIN?

All active duty, retired, reserve military and Department of Defense civilian employees are eligible to become members.

WHERE IS IT?

The Pentagon Athletic Center (PAC) Annex is conveniently located on the ground floor of the Jefferson Plaza 1 (JP1) building at 1411 Jefferson Davis Highway, Crystal City.

The PAC Annex provides physical fitness facilities and fellowship for Department of Defense military and civilian employees. A non-appropriated fund activity operated by the Office of the Administrative Assistant to the Secretary of the Army, Support Services, Washington, the PAC is supported by member dues.

The PAC is open Monday thru Friday 0530 – 1830.

Doors remain open 1/2 hour past this time to allow members to shower, dress and exit the center.

We are closed Saturday, Sunday and government holidays.

Stop by the PAC membership counter. It only takes a few minutes to process an application. Your workout can begin the same day.

For more information or for directions the membership staff can be reached at (703) 601-2184/2194.

WHAT ARE THE HOURS?

HOW CAN I JOIN?

At a cost of \$216.00 per year, the PAC offers a wide variety of physical fitness activities, a value that cannot be matched by any other dues supported facility.

A non-refundable, \$25.00 processing fee is charged each time a new membership application is processed.

Dues are billed 45 days prior to the expiration of your membership period.

Dues may be paid annually or in semi-annual installments:

Initial payment: Annual - \$216.00 + \$25.00 = \$241.00

Semi- Annual - \$108 + \$25.00 = \$133.00

Renewal: Annual - \$216.00

Semi-Annual - \$108.00

Payments may be made by check, money order, cash or credit card (Visa, MasterCard, Discover.)

Family membership plans are also available.

You may join for weekly or monthly periods at a cost of \$10 per week or \$30 per month. Personnel on TAD/TDY may use the facility at a cost of \$10 per week or \$20 per month. A guest fee of \$3 is charged for daily use (\$1 for PT tests.) If you should PCS or decide to terminate your membership for any reason, the balance of your dues is refundable upon written request.

THERE'S SOMETHING FOR EVERYONE!

- ***Fitness Specialists***
 - *Stationary Bicycles*
 - Lifecycles
 - Life Fitness Recumbents
 - ***Strength Training Equipment***
 - Iron Grip Free Weights
 - Bodymaster
 - Cybex
 - Hammerstrength
 - Medx
 - ***Stair Climbing***
 - Versa Climbers
 - Life Steps
 - Stairmasters
 - ***Treadmills***
 - Life Fitness
- *Stretching Area*
 - *Saunas*
 - *Rowing Machines*
 - Concept II Rowers
 - *Life Fitness Crosstrainers*
- Amenities***
Towel Service
Liquid Soap
Temporary Use Lockers
Television
Music
In-house Paging

No Hidden Costs! Your Yearly Membership Dues Covers it All!

***CALL OR COME BY TODAY
WE'RE HERE FOR YOU!***

***PENTAGON ATHLECTIC CENTER ANNEX
1411 JEFFERSON DAVIS HIGHWAY (JP1)
CRYSTAL CITY (ARLINGTON) VA 22202
(703) 601-2184/2194***